

Way to KAIROSISM

CAUTION IS ADVISED



**Discover The 5 Forbidden Ancient
Arts To Abundance By Greek Rulers**

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CHAPTER 1 – KAIROS INTRODUCTION



“Running swiftly, balancing on the razor’s edge, bald but with a lock of hair on his forehead, he wears no clothes; if you grasp him from the front, you might be able to hold him, but once he has moved on not even Jupiter (Zeus) himself can pull him back: this is a symbol of Tempus (Opportunity) [Kairos], the brief moment in which things are possible.” - Aesop, Fables 536 (from Phaedrus 5.8) (trans. Gibbs) (Greek fable 6th B.C.)

In our world today, everything is marked by time.

The time to get out of bed, the time to keep to an appointment, the passing of time in life; we watch our children grow and leave the house, the passing of loved ones and the achievements of our lives. All of these functions within the space of time.

The ancient Greek masters understood the importance of time so much that they had two distinct names and meanings for time; *Chronos* and *Kairos*. *Chronos* – means the chronology of days, the physical measurement of time. It is time as most people know it, marked by the steady movement of time, from seconds to minutes and hours and days and weeks to years.

Time seem not to be enough for us, the clock seems to be out running us, we lose moments to the past, they become out of our reach never to be gotten again, the wrinkles on the face of a man; the tales of age as a visual reminder of the passage of time – this is *Chronos*.

The moment of opportunity! The power of time expressed not in the literal sense, but more as time in the sense of purpose and awareness, of great insight and of opportunity, that moment when all things seem and are truly possible; this is *Kairos*.

Kairos is time in the space of opportunity, not marked by any dimensions. The right times when everything is perfect, the potent moment in time (*Chronos*) when all elements work in harmony for the benefit of a particular subject or situation.

Kairos in Greek mythology is depicted as a young beautiful man with a lock of hair on his forehead which signifies that opportunity can only be grasped as it approaches. He was the god of opportunity and the youngest son of Zeus. *Kairos* personifies the favorable moment which comes and goes past quickly; it is that moment when something special can happen.

Theology

In theology, *Kairos* is used to define the qualitative form of time. In the bible, it is known as "the appointed time of God's purpose." This is a time that is not marked by space or form, it is the time when God acts, like in the miraculous birth of *Christ* and his crucifixion; the moments these two events define is *Karios*. *Kairos* is also evidently reflecting in various books of the bible like Ecclesiastes and the Acts of Apostles.

Rhetoric

In rhetoric, *Kairos* is that passing moment which must be approached with force if success must be achieved. It is the ability to adapt to, and take advantage of a changing and fortuitous circumstance. It is the expected readiness to manage and take advantage of opportune circumstance that arises in our daily course of living by applying the required action expediently.

Iconography

In iconography; the Greek ancient masters were very fond of *Kairos* and they accorded him his deserved due by erecting statues for him. He was the god of favorable opportunity opposing the fate of man that must be grasped, otherwise that moment is gone and cannot be regained again. A famous bronze statue made in honor of *Kairos* by Famous Greek sculptor *Lysippos* and displayed in his home in the *Agora of Hellenistic Sikyon*, had carved on it the epigram by the poet *Poseidippos* extolling the virtues of *Kairos*;

**"And who are you? Time who subdues all things.
Why do you stand on tip-toe? I am ever running.**

**And why you have a pair of wings on your feet? I fly with the wind.
And why do you hold a razor in your right hand? As a sign to men that
I am sharper than any sharp edge.**

**And why does your hair hang over your face? For him who meets me
to take me by the forelock.**

**And why, in Heaven's name, is the back of your head bald? Because
none whom I have once raced by on my winged feet will now,
though he wishes it sore, take hold of me from behind.**

**Why did the artist fashion you? For your sake, stranger, and he set me
up in the porch as a lesson."**

For centuries, the ancient Greek masters have handed down recipes for success and in all, *Kairos* has been one of the key determinants. Taking advantage of the moment, irrespective of its state, whether good or bad, understanding time (*Kairos*) and knowing when to act is a key determinant of how successful you will become.

To understand time (*Kairos*), you must be educated to realize when the opportunity presents itself. In *Panathenaicus*, *Isocrates* writes that **"educated people are those who manage well the circumstances which they encounter day by day, and who possess a judgment which is accurate in meeting occasions as they arise and rarely misses the expedient course of action."**

Education in this context does not refer to scholarly education but to the understanding of the times and techniques that the ancient masters have applied successfully to attracting and taking full advantage of the opposing opportunities. So for us today, it is important that we understand the importance of timing, and to open our minds to learning the ancient techniques of attraction, concentration, creativity, visualization, observation and Affirmation. I will show you the various ancient and sacred arts of success through effective utilization of time (*Kairos*).

In the following chapters, I will be discussing the ancient techniques and guiding you on the right path as we both venture onto the way of *Kairosism*.

For the record, I will examine the 5 sacred arts/powers of attraction, visualization, creativity, observation and concentration (focus).

Understanding and learning to go in the way of *Kairos* requires guidance skillful practice. To truly master the art in a short time, it will be best to seek an expert for guidance to better help you take advantage of the opportunities available in *Kairosism* (It can be dangerous to do it yourself).

CHAPTER 2 – THE ART OF VISUALISATION



For centuries, ancient Greek masters have taught and practiced the technique of Visualization.

This sacred technique involves the superimposition of positive vibes through visualizing the success of an event yet to occur in time. For most people, this may seem an impossible task and it is forbidden because the act can be akin to sorcery.

Many have wondered and are awe struck on how the future can be controlled by just a single thought or series of thoughts. People have reacted with skepticism when they first hear of the technique of visualization to achieve success but like it was in the

days of old, the masters achieved success through the art and in my years of teaching and passing on this ancient secret, many lives have been changed and their future geared for success. However it sounds the art of visualization works but it is always best under strict mentorship.

I have taught this technique to a lot of willing people, to those who want to change their future and many of them have come back to tell of the success that they have been able to achieve in the short time of practicing the art.

Several experiments have been conducted with groups of people to see how visualization affects their success and it has proven to be very effective to turning the tide and time in their favor. They have learnt how to visualize opportunities for success and have gone on to achieving it, be it in business, career, relationships or life in general.

2.1 HOW IT WORKS

When you visualize something, an event, a happening in your life or an aspiration... you set into motion the process to making it happen. Your mind becomes wired towards achieving that goal or purpose and this will trigger the effects of one of the other sacred arts; the art of attraction, you start to notice opportunities that are in sync with your goals coming your way and if you do not take advantage of those opportunities, they may never present themselves again.

So to take full advantage of the opportunities that present its self through visualization, you have to be made prepared to understand first, how to visualize positively and how to project your thoughts to life and produce for you opportune moments (*Kairos*) that you must take full advantage.

Time is filled with examples of opportune moments and the power of visualization that brought them to life.

2.2 HOW TO VISUALIZE

Visualization has been taught by some as the simple art of closing one's eyes and imagining the outcome of an event, yes! You may need to close your eyes and imagine but visualization goes way beyond just closing your eyes to imagine.

You will need [expert guidance and tools](#) on the right way to visualize and the proper methods of visualization. This is very important to achieve the right benefits and purpose because visualization, if not done right can attract negative consequences. For the untrained mind, exploring these arts without proper guidance is not advised.

Visualization involves the act of closing your eyes and visualizing the expected outcome of an event. It could be a test, an interview, a situation or a life changing event. You will need to see yourself achieving that goal, see it in as much detail as possible. Let the memory come alive, see it in colors, movements, taste, smell,

sounds and emotions. Let it seem real, let it be something you would have seen happening already. Whatever the goal is, close your eyes and make it happen and you will see it come alive as you have visualized it.

If it seems a little difficult for you to visualize it, take time out to clear your mental clutter, meditate a little or you can seek experts to help you take control and assist you on the process.

2.3 BENEFITS OF VISUALIZATION

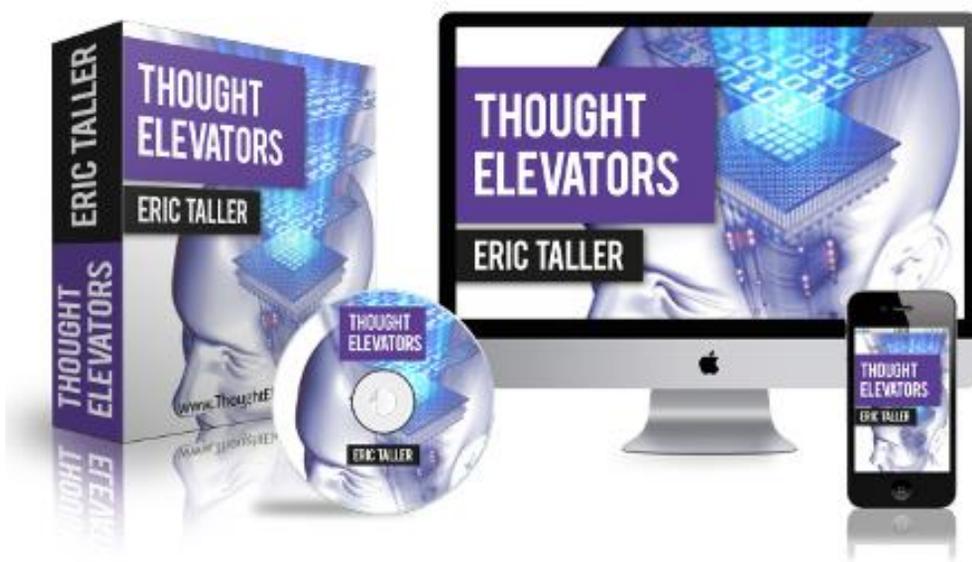
Your mind can interpret a vivid imagination as the real deal and can focus on it, the more reason you will need to ensure that you are visualizing the right way. The power of visualization cannot be over emphasized as it can help you to attract opportune moments that it has prepared you for. When you visualize yourself succeeding at a function or at an event you are most likely to succeed at it.

Visualization prepares you for the challenges of achieving your goal, makes you attuned with the future and this is something you must guard as you may begin to seem weird to those around you but do not relent. Adversity itself is also an opportunity for growth, success and abundance. The masters have used the opportunity presented by adversity to advance their growth and produce great success.

Trying out visualization as a technique for success will serve to keep you motivated and prepared for the opportune moment (*Kairos*).

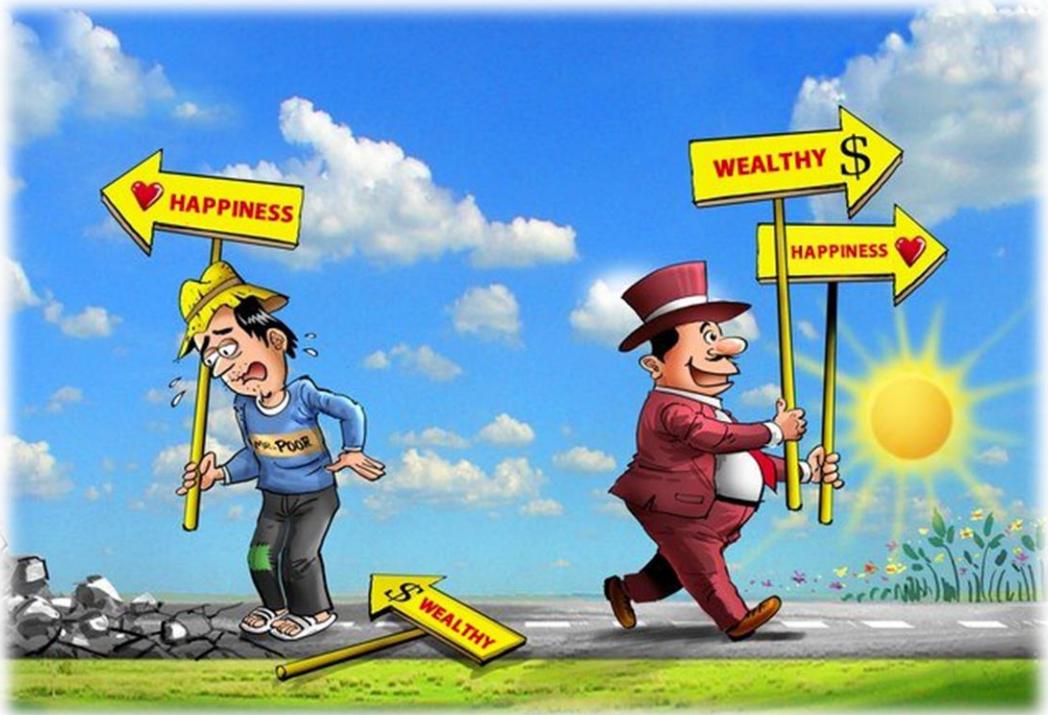
“Imagination is more important than knowledge. For while knowledge defines all we currently know and understand, imagination points to all we might yet discover and create.” – Albert Einstein

If you are looking for a faster way (A pro to guide you through) to understanding the tools and various techniques to become an expert in the use of imagination without creating a hole in your pocket, [you can check this out.](#)



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CHAPTER 3 – THE ART OF CONCENTRATION



Concentration is one of the ancient arts that have proven successful at regenerating and attracting success and abundance. Concentration has several benefits and the practice of concentration sets you on the right path and makes you very prepared for opportune moments (*Kairos*).

The art of concentration can lead to success in one's professional and personal life as it allows you to maintain focus on a particular state of awareness and makes you invest all your emotions and thoughts to a particular interest or object while releasing you from other interest and involvements.

Concentration is an important art that can help you achieve success so it's important you know how it works.

3.1 HOW IT WORKS

Concentration is one of the major prerequisite to achieving success. It is a combination of desire and confidence that can lead to great success. It involves the resolute and unwavering focus on an awareness and outcome.

The intent is to change the course of events through proper and in-depth awareness of the situation. The moment concentration is lost, it hampers the efficiency of that person and it can tell in the life and results of such individual.

To concentrate is to focus, to give all your attention to a particular thing by shutting out all other distractions and noise. The art of concentration is a powerful tool that must be used wisely for it to be effective.

3.2 HOW TO TRAIN YOUR MIND TO CONCENTRATE

Concentration is an arduous task that requires great care. There are various exercises and task that you can embark on, that can help improve your concentration. The following practices can help improve your mind to concentrate:

The practice of meditation has proven very effective and is a task the masters have practiced in sacredness for centuries. This is a

practice that should not be taken lightly, take care to ensure that you do not embark on meditation without guidance.

The act of meditation, brings you in contact with astral bodies and forces of both good and evil, I would advice that meditation for the untrained mind must be done under very strict guidance. You should also practice mindfulness and concentration exercises 30 minutes daily.

Some of the beneficial concentration exercises include attentive listening, mindfulness and physical exercise; This is because a sound body has a direct effect on the mind and can improve concentration to help you achieve success. When you focus intently and properly, you get to solve challenges faster and perceive oppurtunities better.

3.3 BENEFITS OF CONCENTRATION

When you apply proper concentration, you get to attract very many opportunities that help to make achieving success become very easy. But be mindful of the exposure that comes with concentration; train your mind to be adept at managing the effects of the art of concentration.

You can get lost in your own world so it is important that you do not forget to remain aligned with this sphere. [There are FREE tools to guide you on how to manage and maintain stability and balance.](#)

The art of Concentration asides from getting you the much needed exposure can also help you achieve success when faced

with harnessing the benefits from an opportune moment. Just as you are able to notice the moment and grasp it, you are also fully equipped to take full advantage of the opportunity to the advancement of your objectives and ultimately to success.

Concentration can help you to maintain a great health because in training your body to train your mind, your physical health body is the first beneficiary. When your mind is properly trained to concentrate, you will not get easily distracted by irrelevant noise and other non-beneficial interest.

Meditative exercises are very important to helping you grow in the art of concentration. As Swami Vevikananda says; "Concentration of the powers of the mind is our only instrument to help us see God. If you know one soul (your own), you know all souls, past, present, and to come.

The will concentrates the mind, certain things excite and control this will, such as reason, love, devotion, breathing. The concentrated mind is a lamp that shows us every corner of the soul."

You can seek help and support with learning the techniques discussed in this chapter and free resources to guide you through, you should [click here](#).

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CHAPTER 4 – THE ART OF OBSERVATION



The power of observation is a powerful tool that is required for everyone looking to succeed and walk in the way of *Kairosism*. It is one of the ancient techniques that can lead you to success if practiced accurately and because the art is not docile; it needs to be exercised to be potent. The power of observation is only potent when used.

Many have asked how powerful the art of observation is. Answers to that question can be found in our personal experience and in observing the experience of others. When we observe under strict guidance, we tend to build and add to ourselves by learning from the experience of others, making them ours and accepting the

results, making corrections and all of these without being actively involved with the event. We have taken an advantage for ourselves a *Kairos* moment and by that we have become better and equipped to achieve more.

It is important that as you look to making success and being in abundance that you consider and recognize the potential powers in observation and put it to work in your life.

4.1 HOW IT WORKS

Observation brings you into the realm of another. It leads you to knowledge and opens you up to opportune moments. It may seem weird at first as you begin to find yourself able to go into the minds of others, read their thoughts or foresee their next actions. It may seem like you are in a movie but please guard your art. Control is the keyword!

One of the key practices in observation which is the ability to pay keen attention has been known to open one's self to the ability to learn new things, see new opportunity and attune one's self to getting the most benefit from that opportunity.

It is pertinent that you practice and make yourself available to grabbing opportunities by the fore lock before they flee away, but you can only see them coming when you keenly observe, when you are fully aware of who you are and what you seek for.

The power of observation brings you into the realm of success in our walks through life, every day we are faced with opportunities

and even opportunities disguised as challenges, it is the development of the art of observation that will equip us to decipher the opportunities and use them to our benefit, growth and success.

4.2 HOW TO GROW IN OBSERVATION

There are a few practice and exercise to perform and make part of your daily living. These exercises play a definite role to helping you grow in the art of observation. They have been proven to produce results within a short time of practice. I will only talk about a few but you would do well to also seek guidance on the art as with all the other arts to help maximize their benefits.

Pay more attention: There are litanies of things that we come across every day, because we are at home in our environment and the fact that we have become comfortable in that environment, we tend to miss out the subtle changes that holds a lot of opportunity.

Our eyes have become used to the environment and are such our brains are relaxed and often times cannot tell the changes that may be occurring around us. To be able to harness the full potential of the power of observation, we will have to make conscious effort to notice more and pay more keen attention to our environment.

Observe with more than your eyes: When defining observation, most people tend to stop at what is noticed by the physical eyes. There is more to notice in any particular situation than what is seen with the eyes. There pulses, sounds and smell, try to

develop or engage professionals to help you develop the ability to observe keenly; hesitations, excitement, pain or opportunities. Listen more and learn harnessing the power of observations lies in being able to notice and see beyond your nose.

Soak in the experience: To fully achieve and gain the power of observation; you will have to soak in the experience. Though you may see from a distance, but as you look, soak in the experience apply the technique of visualization and place yourself in that position, see it from a first person and allow the moment imprint on you so much so that you can relive it later. Once you can fully bask yourself in the experience and can imprint it in your memory, you can always go back to it to mine for information and new learning. It is pertinent that you harness the power of observation by immersing yourself in the richness of the experience thereby making your learning complete and potent.

4.3 BENEFITS OF THE ART OF OBSERVATION

You gain useful insights, you allow yourself to become open to learning and new experience that creates opportunities for success. Your curiosity is a potent weapon to helping you seek out new opportunities and forging out success from them.

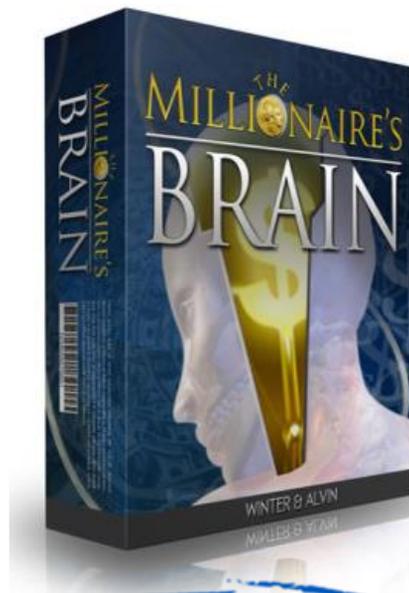
With observation, you are seeing the world and situations through different prisms, you become more exposed to the lessons to the different situations and learning from these situations will further equip you for success and in the advancement of your general

wellbeing. This has been one of the best kept secrets, only taught to those who have been considered worthy by the masters.

Observations are the raw materials for learning and learning to hold fast and practice the art through the improvement of the skills outlined above will bring you into the realm of power. It is making useful inferences from your observation that will produce deeper and more useful meanings that in turn creates power. As life happens around you, it is important that you make deeper meanings of it for learning, growth and development.

“To him that watches, everything is revealed.” – Italian Proverb

If you are looking for a faster way, A tool to guide you through on the art of observation, you can [check this out](#).



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CHAPTER 5 – THE ART OF AFFIRMATION



The dictionary defines affirmation as the emphatic concurrence with a thought, an event or thing. All that you do, every musings, thoughts, internal ramblings are all a form of affirmation. Your affirmations are cements the form your life, you are daily creating and re-affirming your life experiences with your every thought and words. Whether they are negative or positive, the path to achieving great success and abundance begins with making positive affirmations.

It is important that you understand how to apply this ancient art that has been taught down through generations by the Greek masters. They understood the power of positive affirmations and used as a defense and also a tool to further their success and advancement. Affirmations breeds confidence, and attract goodwill. It is very important that you take control of your musing and internal ramblings so as to avoid making negative affirmations that

may have adverse effect on your life – this is where you will need a guide to lead on that right path.

5.1 HOW IT WORKS

Affirmations are consciously making decisions to be and to speak positively. This thoughts and words go on to create the necessary vibes and projects on to you opportunities that can make your thoughts and words come through, you become a seer of sort in your life. So it is important that you guard your heart from negativity but rather expose yourself to the positives and continue to affirm those positives in your life and those you want to become for you.

Affirmations create for you the focal points of events you want to become in your life. You start making positive affirmations by changing your thinking and then your words. Your start to affirm the positives you want to see happen in your life. Affirmations change your limitations and make them stepping stones to greatness. Once you can change your thinking, you can change your life. Simple!

5.2 HOW TO DECLARE POSITIVE AFFIRMATIONS

The first thing to do when starting out in the art positive affirmations (you may have been used to making negative affirmations which are detrimental to your overall wellbeing) is to make a list. You are to make a list of each aspect of your life. The categories can include your family, health, prosperity or love.

After this, write down every thought both positive and negative that comes to your mind when you consider each of these aspects of your life. Once you can do this, you start to see clearly what your believe systems are and how they affect your life.

Next you take all the negative thoughts and you change them to positives, for instance in the aspect of health, where your thoughts have said "I am not feeling too well", change that to "I FEEL FINE" you can paste it on a wall and continue to affirm that every day and in no time it becomes so for you, these are secrets that have been guarded for years.

You see many of us may not understand the potency of these arts but they have been proven effective over time as in the days of the master themselves, they have continued to produce the same results that they produce, centuries ago.

As you continue to affirm positives in and around, a vibe that attracts positivity starts to grow, a lot of people may not understand it, but it will bring along your path opportunities to bring those positives to life more of which you must grasp and make good use of.

It could be in your relationships, family life or career, when you have come to the full understanding of the power of affirmations your thinking changes and you become more open to see opportunities and grasping them.

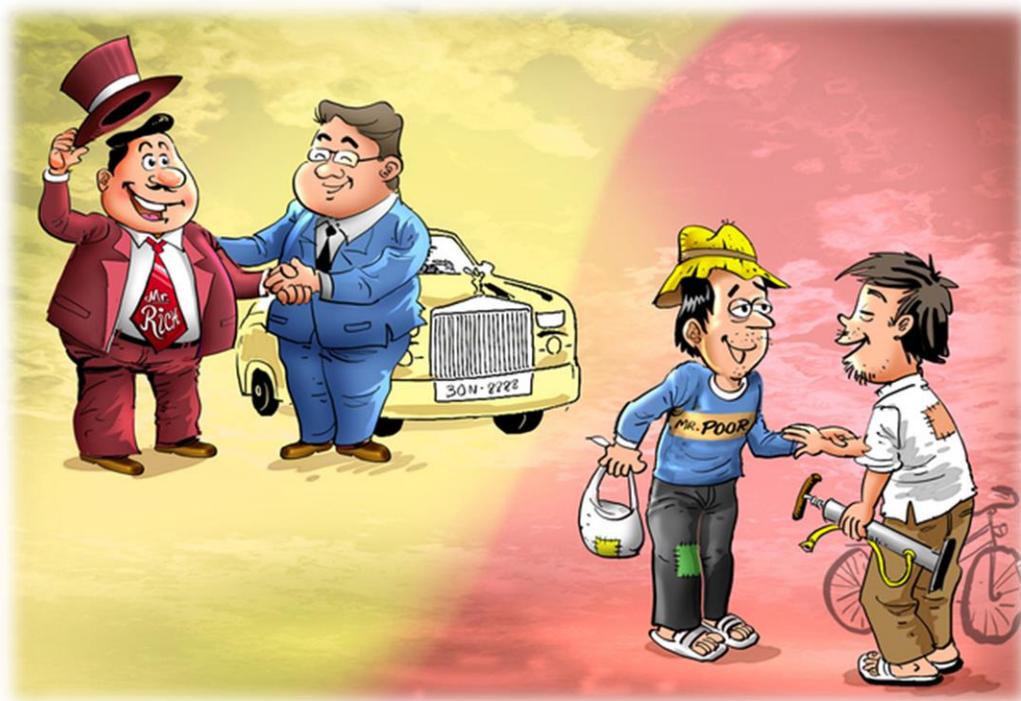
5.3 BENEFITS OF AFFIRMATIONS

Affirmation goes beyond the physical, deep into the spiritual and psychic circles to create your desired future, it attracts to you what you speak of and think about. If you desire prosperity, you should continue to affirm that "I AM PROSPEROUS". If you desire good health, affirm it and watch it happen for you.

Affirmation is like planting the seed for future greatness and success. When you think more about prosperity, you grow in prosperity, when you think more of good and positive health, you grow in health. This is a very powerful and potent art!

Affirmation involves changing your thought process, and some people have traumatic experiences that have shaped the way they think and perceive the world albeit negatively. [You can break free, with help and support, follow the link.](#)

CHAPTER 6 – THE ART OF ATTRACTION



It is no mistake that I left this for last.

The art of attraction is the mother of all arts; it has links with all the arts because the ultimate goal of all the arts is to bring you in contact with that which will portend success for you.

Discussing the law of attraction can be very extensive and we are going to try to do so in detail but I also want you to seek out expert assistance to help you fully take advantage of the benefits that come with the compendium of all the arts.

The art of attraction has its principle embedded in the law of “like attracts like” and whether you agree or not, what you are in

mind, spirit and body is what you will most likely attract. So, it is important to bring in positive influences into your everyday living.

6.1 HOW IT WORKS

The art of Attraction brings all arts together to work for you. Whether you realize it or not, your thoughts are the major source of all that you attract to your person, positively or negatively. The art of attraction follows what you focus your mind on, definitely starts to become your reality.

If you spend days thinking and strategizing for success, you will attract success but if you spend your days wallowing in despair, you start to attract gloom and negativity. So, it is important you control you thoughts and live positively.

There are lots of tools available at your disposal, the ability to use them and present yourself for opportunities lies in your full understanding of the art. Start today to live positively, become optimistic; it won't kill you.... Look for the good in every situation and the light at the end of every tunnel. Control your future today!

6.2 HOW TO UTILIZE THE ART OF ATTRACTION

Although there are a lot of tools that they help you gain full potential of using the art of attraction, you will only gain full advantage of the art when you begin to understand how you can apply it in subtle ways to your everyday life. Once your mind has been elevated to the point where you become more aware of your thoughts and

happenings around you, you start to become more positive in your thinking and discover what experiences you should keep and those you should distance yourself from, you start to become more attentive to the underlying positives and negatives and start to combat the negatives whilst promoting the positives in your life.

There are countless ways to incorporate the art of attraction into your everyday life, you place every day under the microscope and examine what you want out of life and you start to develop goals that are attuned with your aspirations and drive through with positive actions at every step.

6.3 BENEFITS OF THE ART OF ATTRACTION

The benefits that come from practicing these ancient secrets are quite enormous. You become more attuned with you present, and thereby have better control to project a positive future. You are better prepared to take on opportunities as they come at you.

The art of attraction is very potent at guaranteeing success in relationships, business, career and life. You get the best out of opportunities by applying principles you have learnt and making the opportunities work for you in your quest for success.

The art of attraction has been for centuries and it has been proven to be very potent at ensuring that you not only live a successful life, but also attract to your person success and abundance. Promote success, live happy.

Attraction is the principal law to success, it is the ultimate of all the arts on the way to Kairosism. If you can master the other arts, you will master the art of attraction. [For guidance please follow the link.](#)



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CHAPTER 7 – BONUS RESOURCES

[FREE Visualization Video To Reprogram Your Mind To Attract Financial Abundance](#)



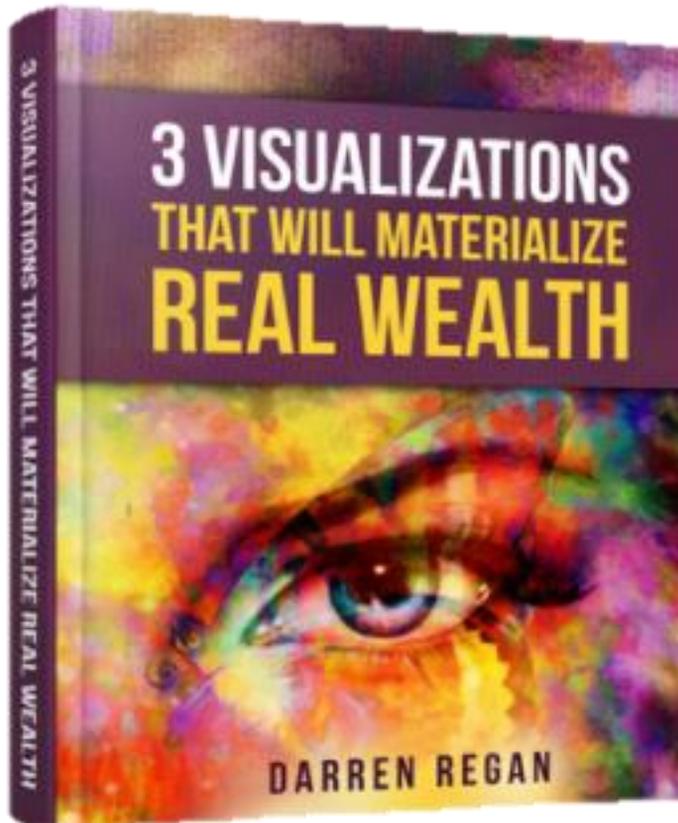
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